

## February 2022 BELLRINGER E-BLAST



**Helen Reid - Editor, President**

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### Highlights from February 2022 Board meeting

- All Executive Meetings will begin with Our Traditional Territory Acknowledgement

*We begin this meeting by acknowledging that we are meeting on aboriginal land that has been inhabited by Indigenous people from the beginning. In particular, we acknowledge in Oxford County the traditional territory of Anishnawbek, Haudenosaunee and the Ojibwa/Chippewa peoples. We recognize and deeply appreciate their historic connection to this place.*

- Nominations for the District 37 Service Recognition Award are due March 15th. See info on the next page for details and criteria for nominating a member.
- Application for the Community Grant is due June 1st. Please contact Janet Thomson with your ideas at 519-421-2782 or [jthomson@oxford.net](mailto:jthomson@oxford.net).
- Positive comments received on the January Bellringer newsletter. Members were appreciative of the content and the articles featuring members.
- RTOERO Corporate will make a \$10000 donation to a charity at the upcoming Forum. Districts can make a submission on behalf of an organization. District 37 will investigate a charity which supports Indigenous Peoples.
- For those who missed the Dr. David Suzuki on creating a legacy through stewardship can access recording of this webinar at: <https://vimeo.com/670227105> Password is **nature**
- Check out the webinars posted on the Foundation Website. Research continues on the issues of a one-size health care approach that doesn't fit seniors. Renaissance includes an article on the issues regarding gender, sex, and aging and the implications of prescription drugs.
- Helen and Cliff will be making a presentation on our virtual Livingroom to the Greenbelt Districts. The Marketing & Communication Committee hopes to have District 37 present at a conference in Toronto.

## Upcoming Events



### Food Around the World - Virtual Cooking Party

Thursday, February 17 - 1:30 to 3:00 p.m.

Let's travel around the world through food. Based on participants' suggestions, we will cook 5 different recipes based on the food from various countries. Recipes are shared in advance so you can cook along. To register, please click the link :<https://tinyurl.com/rtotravelwithfood>

March's Cooking Party - Easy Vegetarian/Meatless Recipes - Thursday, March 24 - 1:30 to 3:00 p.m. Save the date.



### Winter Chair Yoga

Working with John, you will be both relaxed and energized. You will also strengthen your core muscles and improve your safety and mobility in the winter months ahead. Invite a friend and please join us Wednesday March 9th at 10:00 am, via ZOOM link:

<https://rtoero.zoom.us/j/85751485655>



### Recognized Member Award

The Recognized Member Award is presented to a member in good standing with RTOERO. This is a member who has gone above and beyond in volunteer commitments. The member has demonstrated exemplary service to RTOERO District 37, and to the Community at large.

The member must be nominated by another member in good standing with RTOERO. A written submission must be provided stating how the nominated member meets the criteria. The submission should provide a background of the nominee and the reasons for the nomination.

Nominations must be **submitted to Heather Wilson** [hwb@rogers.com](mailto:hwb@rogers.com) by **March 15<sup>th</sup>**. The award will be presented at a virtual meeting. More info to follow.

The Recognized Member will be presented with a The Recognized Member Pin and a donation of fifty dollars (\$50.00) made in their name to the charity of her or his choice.