



April 2022

Bellringer E-Blast

Linda DiIanni, Wellness Committee

OXFORD HEALTH SUMMIT

SATURDAY APRIL 2 AT 10:30 A.M.

The Oxford Coalition for Social Justice is holding an Emergency Summit by Zoom to build the biggest fight-back we have ever mounted - to protect and improve our vital public health care services and stop the unprecedented for-profit privatization of health care. The Ontario Health Coalition & Oxford Coalition for Social Justice, a non-partisan public watchdog for health care, intend to set the threat to our public health care as a key election issue and push all political parties to make commitments to safeguard public health care, stop privatization and address the urgent needs to improve care and staffing.

Advance registration is required. Upon registering you will be sent a Zoom link.

To register in advance: https://us02web.zoom.us/meeting/register/tZMkde-pqD8sG934d81YAQnc6-e8sO9WuEx9?_x_zm_rtaid=E-L6QBjQ1-rdvgA5BYF9Q.1646751173502.f741b2a62368d1983322e830f77b5873&_x_zm_rtaid=237

Presented by Bryan Smith, chair, Oxford Health Coalition, Natalie Mehra, executive director, Ontario Health Coalition, Linda McQuaig, journalist and best-selling author about corporate elites and public policy and Randy Robinson, Ontario director, Canadian Centre for Policy Alternatives

KNOW YOUR HEALTH PLAN WEBINAR

FRIDAY APRIL 8 AT 10:00 A.M.

Do you have questions about or need clarification on your benefits plan?

Would you like to know what improvements have been added in the last 2 years?

How does the pandemic affect my coverage if I travel?

This session is meant to be a refresher on the information, resources and tools you need to help navigate your health plans with ease. There will also be a 15-minute question & answer (Q&A) period as part of this presentation. **There is no need to have your camera and mic on or available during this presentation. Feedback you wish to share or questions will be collected in the session's chat box.**

Presented by staff of RTOERO

To join the Zoom Meeting, use the following link:

<https://rtoero.zoom.us/j/83393218866>

**ESTATE CARE – HELPING WITH DETAILS BEFORE AND AFTER
A DEATH**

WEDNESDAY APRIL 20 AT 10:00 A.M.

Presented by Greg Visser, Funeral Director and Tonia Catcher, Estate Care Specialist

Greg and Tonia will outline how to alleviate the pressures of arranging a funeral - how you can prepare to arrange your services as well as taking care of those responsibilities to be done after the funeral is finished. Sometimes estate settlement can be daunting and so Tonia will outline some details that you can do in advance of a loved one's death.

To join the Zoom Meeting, use the following link:

<https://rtoero.zoom.us/j/83203012715>