

**Helen Reid - Editor, President**

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### Highlights from November 5th Board meeting

- RTOERO Remembrance Day Wreaths to be presented at the Tillsonburg, Ingersoll and Woodstock Cenotaphs. Royal Canadian Legions will lay the wreaths for District 37.
- Perry Hughes completed uploading District 37 Archives (photos, minutes, newsletters, e-blasts, membership lists to Google Drive. These documents will be available to members who request information from the past on our District. More information will follow on the process to request access.
- District 37 is developing an Indigenous Land Acknowledgement Statement to be read at the opening of each Board Meeting. District 37 to invite a speaker to educate members on the history.
- Our virtual “RTOERO Oxford Livingroom” is updated. A “Kitchen” is added where our members can pop in and keep informed of all District 37 activities. Click on the kitchen door icon and it will take you to our 2021-22 activities.
- In lieu of a Goodwill Lunch, drop-off gift bags are being delivered to our volunteers.
- Future District 37 banquet planning is on hold with the goal to plan for a Fall 2022 Banquet depending on directives from South Western Public Health.
- The Wellness Committee met and planning started for Zoom events. *Easy Cooking* is offered November 18th at 1:30 p.m. Registration process is provided below.
- RTOERO Foundation is celebrating its 10 year anniversary with *High Tea* on November 24th.
- The Budget Working Committee of Janet, Mary Anne, Helen and Chairs of Committee will meet via Zoom to create a draft budget for 2021-2022 for approval at the December Board meeting.
- Mary Anne, Linda, Heather and Helen attended the virtual Corporate Forum and Special Meeting on November 5th. A motion was passed to revert to the former process of applying for a Community Grant for up to \$4000.00. For 2021 all Districts could receive \$2500.00 provided the criteria was met. District 37 was successful.
- For complete minutes of RTOERO District 37 meetings visit <http://tinyurl.com/rtoerooxfordlivingroom>



## Tips from Bill Miller Chair of District 37 Benefits Committee

A power nap should be between 20-30 minutes. To make a transformation change in your life - try for 90 minutes a day for 90 days.

## Upcoming Events

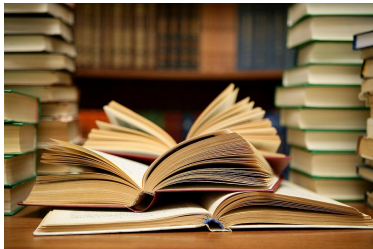


### Zoom Cooking Party - Make Ahead Breakfasts

**Thursday, November 18, 2021 - 1:30 to 3:00 p.m.** (Maximum of 30 participants)

Have you been looking for ways to make breakfast time easier? Join our class to make easy breakfast recipes that can be enjoyed right away or later. Cook along with Janet Thomson or watch and gather ideas during the Cooking Party. Following our cooking session, we will spend time answering questions and sharing further breakfast ideas. It's a great social time! If you would like to take part in this Cooking Party, please click the link below to register:

<https://tinyurl.com/rtomakeaheadbreakfasts>



**Book Break will meet November 30th at 1:30 p.m.**

### *The Jane Austen Society by Natalie Jenner*

Email Joyce Tonner at [forlearningmore@rogers.com](mailto:forlearningmore@rogers.com) to be included on receiving the notifications. Pop into the **Livingroom** for Book Break musings re: books & authors



### **"Bridge Chat" is back!**

Tuesdays at 11:00 - 12:30 on ZOOM

Please email Helen at:

[rtoeroxford@gmail.com](mailto:rtoeroxford@gmail.com) if you are interested and a link will be sent.

### **Did you attend or teach at Sir Adam Beck School in London?**

A reunion is planned for Friday, September 30th to Sunday, October 2nd 2022. Visit RTOERO District 8 London Middlesex for more information.

<https://rtoerolondon.wixsite.com/index>

### **Keep in mind future event dates**

*Chair Yoga Returns* - Wednesday, December 8th 10:00 - Registration in December E-Blast  
*Easy Cooking with Janet* - Thursday December 9th 1:30 pm - Registration in December E-Blast

