

December 2021 BELLRINGER E-BLAST



From your District Executive

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Helen Reid - Editor, President

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Highlights from December 3rd Board meeting

- No increase to premiums. Dental plan modernized. Using “Express Scripts” for prescriptions means 100% reimbursements for generic prescriptions for maintenance drugs. Occupational therapists have been added to the list of paramedical practitioners.
- 20 Scholarships at \$3000.00 each to be awarded for 2022. Applications are due January 14th 2022. Instruction and application at: [POST-SECONDARY SCHOLARSHIPS 2022 APPLICATION INSTRUCTIONS](#)
- Local news release to go for our District from Corporate re: the success of our community grant - Oxford Thames River Trail.
- The Goodwill Caller gift bags were very well received and appreciated.
- Upcoming Ontario Provincial Elections scheduled for June 2 2022. Resource package is being prepared for the districts. PAC is requesting \$2000.00 per district for reimbursement of authorized expenses.
- Days for Girls work continues to be done using mandated guidelines. On November 30 the team assembled and packed 164 menstrual kits which will be distributed by World Vision to South Sudan.
- Fall 2022 RPWs are being planned. Corporate continues to offer online. Inform upcoming retirees you may know to visit: <https://rtoero.ca/events/retirement-planning-workshops/>

- For complete minutes of RTOERO District 37 November 2021 meeting visit <http://tinyurl.com/rtoerooxfordlivingroom> December's meeting minutes will be posted in January after our Board approval.

Upcoming Events



Christmas Cookies and other Treats - Zoom Cooking Party

Thursday, December 9 - 1:30 to 3:00 p.m.

Would you like to get some of your Christmas baking done or try some new recipes? Join us for a Zoom Christmas Cookie Party where we will make 5 different kinds of holiday treats.

You can bake along with the host or watch and gather ideas to make them later. If you want to join us, please register using the link below:

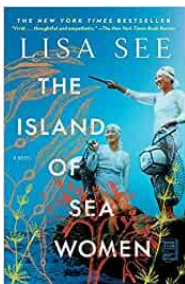
<https://tinyurl.com/rtocookieparty>



Winter Chair Yoga

Working with John you will be relaxed yet energized for the upcoming holiday season. We will also strengthen our core muscles and improve our safety and mobility in the winter months ahead. Invite a friend and please join us at 10:00 am, via ZOOM link: <https://rtoero.zoom.us/j/88031837137>

Wednesday December 8, Wednesday January 5, Wednesday February 7



Book Break will meet December 28th 1:30 via Zoom.

Email Joyce Tonner at forlearningmore@rogers.com to be included on receiving the notifications. Pop into the **Livingroom** for Book Break musings re: books & authors



Christmas Bridge Tournament - Dec 21 1:00 pm

Playing on the Shark Console and using Zoom. Lots of fun and prizes.

For more info and to register go to:

<https://forms.gle/DK4vw8ZvNeBgXunR6>

